

## Welcome to the third issue of the Eppleworth Adult Centre Newsletter.

### WHAT'S INSIDE?

- *Yard Sale*
- *Riverdale Farm*
- *Cruising on Lake Ontario*
- *Around the World*
- *Survivor Day*
- *He Shoots! He Scores!*
- *Oh! What a Night!*

### Mission Statement

It is the Mission of the Eppleworth Adult Centre to continually ensure a safe and reliable environment for the growth and enjoyment of its participants.

It is the mandate of the Eppleworth Adult Centre to promote the education of its members through encouragement of sound practices in education, life skills, cooperation, family values, physical fitness and community experiences.



### Yard Sale



Our parents were hard at work on September 11th, trying to raise money so we can continue to have new and exciting program activities. They had a great yard sale, with so many items up for grabs, it was really amazing! We got to make a lot of colourful signs that were posted out in the streets to tell everyone about the event. It was so busy that day, with so many people checking out the cool stuff and buying lots of it too! There was even barbecued hotdogs and pop for sale. That was our favorite part! The yard sale raised \$1272.00, which will really help us out. We really appreciate all the time and dedication our parents put in to make this yard sale such a success. Thanks!



## Riverdale Farm

We took the subway down to cabbage town but we didn't see any cabbage! Instead we saw lot of animals at the Riverdale Farm. There was a rooster that kept on cock-a-doodling, and the horses that were hiding out in the shade. We saw the ducks and turtles too and we got to pet one of the donkeys. Then we had a great picnic lunch in the park. It was such a sunny day, it was great to spend time outside! We also went for a nice walk throughout the neighbourhood and talked about the really nice houses in the area. We stopped off at the corner store for a much needed ice cream treat to cool us down, and spent some time relaxing in the park. We had such a great time visiting cabbage town!



## Cruising on Lake Ontario

We went on a wonderful boat trip with our generous friend Roger and saw lots of cool stuff. We saw The Cat, the giant ferry that travels to Rochester, and we toured around Centre Island. We also went by a little island that was covered with hundreds of birds! Serge looked like the Captain of the boat as he sat in the captain's chair!

When we got back to the marina, there was a yummy hotdog lunch waiting for us with chips and candies too.

Our bellies definitely got stuffed! After lunch we went for a walk to see an old lighthouse and we could see the city buildings in the distance. We are so happy that we have such wonderful friends that help us do so many great things!



## Around the World

For our Around the World program we decided we wanted to learn about Greenland. Was everything really green and were there really icebergs in the middle of the water? We went for a walk to the library to do some research, but when we got there we found out that is was closed! So we headed back to the Centre and did our research from there. We got on the computer and looked up some information on the Internet. We worked in small groups and had to put together a presentation of all the information that we had learned. We found out that during the arctic summer the sun never sets! We thought it was really neat that in Greenland the people like to play ice golf. Brrr that sounds cold! They also have lots of the animals in Greenland such as polar bears, reindeer, moose, penguins and dogs. We found out that just like us, they enjoy drinking coffee and eating cakes at Christmas time. We really liked learning about Greenland, but we think we'll stick to Canada were the summers are hot and the winters are still not as cold as in Greenland!



## Survivor Day

Who will be the ultimate Survivor? We had a fun-filled Survivor Day at the Centre where we were divided into two teams and had to make up our own team name, cheer and flag. The two teams were Stinky Feet and Happy Pink Panthers. There were a lot of games that we played for Survivor Day. Some of our favourite games were the soap race, where each team member had 30 seconds to wash

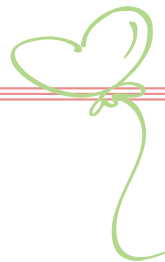
their hands with a bar of soap and the team who's soap bar was the smallest won the game, the food challenge, where we got to eat pudding without using our

hands, and the listening game, where we had to

close our eyes and listen to the sound of rattling keys in order to find them.

We even played a game of twister! We had such a great time.

We love having theme days at the Centre!





## He Shoots! He Scores!



Our friend Roger Stanley and his friends at Brookfield Properties gave us free tickets to The Hockey Hall of Fame!

It was so cool! We had the chance to shoot some hockey pucks and then we watched a neat video about famous hockey stars.

The best part was when we saw the Stanley Cup!

We each had our picture taken with the Cup and then we all gathered around for one big picture.

There are so many hockey fans at Eppleworth, so this made the perfect trip! GO LEAFS GO!



## Oh! What a Night!

The November 2005 Gala was a hit! We had so much fun performing for our many guests. It was great to see all our hard work come together for that special night. Aside from our performance, our guests had the chance to buy some really great items that were donated by our special friends. We are so thankful to have these fantastic people in our lives. The evening was a tremendous success and we thank all of those who generously contributed!



### A special thanks to our sponsors:

#### PLATINUM

Recycling Spec. Inc.

#### GOLD

Dominion Caulking  
Manulife Financial  
Mitorm Holdings Ltd.  
Paragon Protection

#### SILVER

Cadillac Fairview  
Donald G Cummings  
H K M & B Ltd.  
Ron Canning  
Werner F Zapfe

#### BRONZE

Bos Glass  
Tomac Interiors Ltd.

And....

Byrne & Wright  
John Gatto  
Metal Maintenance  
Polymerick Engineering Ltd.  
S K F  
Solar Window Cleaning  
Venver Blind Cleaning Inc.





## And the Winner is...

The winner of this year's Christmas Basket full of goodies was John Amato, father of Steven Amato. Thank you to all of those who bought raffle tickets for the draw, your support is greatly appreciated.

The Christmas Potluck was a lot of fun. There was so much yummy food.

The parents and staff made our tummies full with their great creations!

We had a great time performing our original Christmas songs for our families.

We were also very happy with all the presents we got too! We sure are lucky to have such great friends and family here at Eppleworth. We hope everyone had a great holiday season and we wish you a Happy New Year!



## Note from E.D.

As a new member of the Eppleworth team, I have been delighted with my experience during the first few months here at Eppleworth Adult Centre. The staff and participants at Eppleworth are truly a unique group, who inspires each other to achieve new goals and create new experiences. With the tremendous dedication of staff, parents, and volunteers, it is clear why Eppleworth has had such wonderful success. I felt most welcome when I started at Eppleworth, and I continue to enjoy working closely with such great people. I feel fortunate to be a part of, and a contributor to Eppleworth Adult Centre.