

Welcome to the latest issue of the Eppleworth Adult Centre Newsletter.

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Mission Statement

It is the Mission of the Eppleworth Adult Centre to continually ensure a safe and reliable environment for the growth and enjoyment of its participants.

It is the mandate of the Eppleworth Adult Centre to promote the education of its members through encouragement of sound practices in education, life skills, cooperation, family values, physical fitness and community experiences.



Home Depot Workshop

Our friends at The Home Depot generously donated some construction kits and we were able to build miniature Olympic bobsleds and Valentine napkin holders. We painted our napkin holders with our very own designs and gave them to our families as a Valentine's Day gift. The bobsleds we made really looked great. It was fun to build something that we could take home and show our families. Thanks Home Depot!

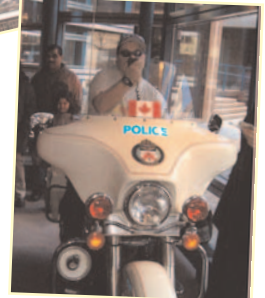


To Serve and Protect



We visited the Toronto Police Museum and had the chance to see what it's really like to be a police officer. At the museum we were able to see some of the uniforms that were worn by officers in the past, and we saw the different type of police gear they use to carry. We each had our picture taken sitting on the police motorcycle and it was really fun sounding the sirens! We had a great time learning about the history of the police service in Toronto.

After lunch we headed to Allan's Gardens and walked through the beautiful greenhouses. There were so many different types of flowers and plants. It was interesting that each greenhouse has a different temperature. One was hot and humid, one dry and warm and another a bit chilly. We learned that different plants grow best in certain conditions, and that was why each greenhouse had a different temperature.



Science with Melissa

We've had a few Science Days with our co-op student Melissa. We have done some interesting experiments and that were fun to do too. In one experiment about static electricity we rubbed a balloon on our head and then tried to roll a pop can with the balloon. The trick was that we were not allowed to touch the pop can, we could only wave it over the can! The pop can rolled right across the table and were amazed! Then we made molecules out of jube jubes and toothpicks ... some molecules were smaller than others were because some of us were eating our jube jubes instead!



ALOHA!

It was an island paradise at Eppleworth on Hawaiian Day! We each had a Hawaiian name for the day and we learned that there are only 12 letters in the Hawaiian alphabet. We played a game called Island Hop and we learned how to Hula dance. We looked pretty good all dressed up in our colourful clothes! We also ate some tradition Hawaiian foods, like pineapple, and made our very own liahs



Attention All Sports Fans!

Our trip to the Air Canada Centre was a blast! We had a guided tour of the ACC and saw the behind the scenes of the sports world. It was really neat to see where the Raptors play their practice games, and we found out that all the elevators are tall so that the basketball players can fit in them! We also saw where Coaches Corner is filmed for TV. While we were visiting, the Toronto Rock were practicing for their evening game so we got to see them in action. There are a lot of sports fans at Eppleworth so this made a perfect trip.



Swing into Spring



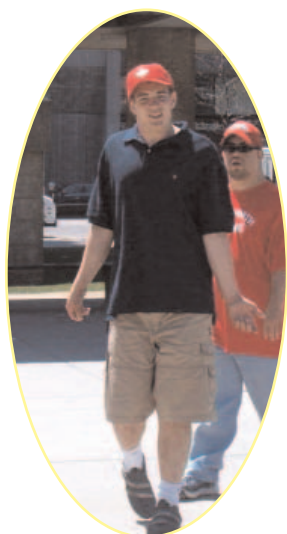
We tested our golfing skills at this year's Swing into Spring presented by our wonderful friends. It was a chilly spring day but we managed to hit a few balls at the driving range. We were also invited to a fantastic lunch at Town and Country where we got to enjoy the many tasty food items at the buffet. Swing into Spring raised \$405 for Eppleworth and we are most grateful to all of those who contributed! Special thanks to the organizers of the event:

Mirella Iannelli – Imperial Parking

Dieter Micheletti – VenVer Blind Cleaning

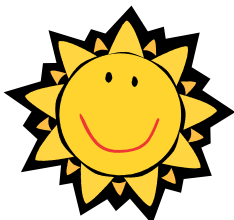
RJ France – Paragon Protection Ltd.

Roger Stanley – The Solar Group



These Shoes were Made for Walking!

On May 9th we took to the streets for our 2nd Annual Walk-a-thon! It was a beautiful day for walking and we all worked really hard to achieve our personal walking goals. We are very thankful to all of those who sponsored us for the walk. We raised a total of \$1392! With this money we are going to purchase some new sport and recreation equipment, and it will help with other programming purchases. Looking forward to next year's event.



From Jennifer's Desk

It is hard to believe that we are half way through the year already. The Eppleworth gang has done so much since the start of the year, with much more to follow in the coming months. The fundraising events thus far have been a great success. I am so proud of the all the participants and the hard work they did for the Walk-a-thon. Each of them strived to do their very best and each of them put a great deal of heart into the walk. Congratulations to the gang for their wonderful fundraising efforts! Preparation begins now for the Eppleworth Adult Centre Gala performance. This year the gang will awe audiences with their talents performing the classic tale of Treasure Island. Looking forward to creative planning efforts that will ultimately result in a fantastic event. Hope to see on November 8th for the most anticipated night of the year!

Mark Your Calendar!



November 8th, 2006

EPPLEWORTH'S Fourth Annual Fundraising Gala at the Toronto Centre for the Arts.

A special thanks to our sponsors:

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