

Welcome to the latest issue of the Eppleworth Adult Centre Newsletter.

WHAT'S INSIDE?

Where Did All The Turkeys Come From?

There's No Place Like Shadow Lake

He Shoots He Scores!

Swing into Spring Special thanks to Roger Stanley, Dieter Micheletti, and Ron France for organizing this wonderful event!

Walk This Way

Meet the Gang – John A

From Jennifer's Desk

Mission Statement

It is the Mission of the Eppleworth Adult Centre to continually ensure a safe and reliable environment for the growth and enjoyment of its participants. It is the mandate of the Eppleworth Adult Centre to promote the education of its members through encouragement of sound practices in education, life skills, cooperation, family values, physical fitness and community experiences.



Where Did All The Turkeys Come From?

There were turkey sightings all day at All Star Bowl. We had a full day of 10 pin bowling and we were bowling strikes throughout the day. Bowling is a sport we all enjoy and it was a fun challenge to play 10 pin instead of 5 pin. It didn't take us long to get the hang of it; we bowled better than all the staff! Now we're all set for our Bowling Fundraiser this June!



There's No Place Like Shadow Lake

Our overnight trip this year was to Shadow Lake. When we arrived we set ourselves up in our two cabins and headed to the dining hall to start cooking. We made all of our meals while we were there, and they were all delicious. The kitchen at this place was pretty cool. The fridge was so big it could probably fit 10 people inside it!

It was fairly cold outside but we braved the weather and headed for the hill for some tobogganing. Some of us had trouble getting to the top of the hill, but the ride down made it all worth it. It was a lot of fun! We also took part in the Eppleworth Winter Olympics. In teams of three, we created a

team name and flag, and then we let the games begin. From a blindfolded obstacle course to a six-armed race, we cheered our teammates on. But the fun did not stop there; we played board games and air hockey, danced to our favorite tunes and watched a movie too. It was so great to spend all this time together (without our parents!) Can't wait for next year's trip!



He Shoots He Scores!

We always look forward to trips to the Hockey Hall of Fame. There is so much hockey memorabilia that we learn something new each time we go. We completed a scavenger hunt where we had to search for fun facts, team jerseys and Olympic metal standings. We also searched for different hockey trophies and then posed for a picture in front of the most famous trophy of all – The Stanley Cup. The day wouldn't be complete without us playing a little hockey ourselves. We each got the chance to play goalie, and attempt to score on net.





Swing into Spring

This March did not feel much like spring, but the Swing into Spring fundraising event hosted by our friends warmed our hearts (and filled our tummies too!)

We feasted at Town and Country before heading to the golf dome to hit a bucket of balls. This year we received some golfing tips, and we showed a lot of improvement. This event is always something we look forward to. We enjoy being able to spend the day with our wonderful

and generous friends. Special thanks to

Roger Stanley, Dieter Micheletti, and Ron France for organizing this wonderful event!



Walk This Way

Our 3rd Annual Walk-a-thon was held on April 17th at Nathan Philips Square. It was a chilly and cloudy day but we were still excited for our great event, and we were thankful that it didn't rain! Before the walk we each made a personal goal of how many laps around the square we wanted to do. We all reached our goals and some of us even did more laps than we thought we could! It was great having the event at Nathan Philips Square because we were able to talk to people about our walk and about Eppleworth. We



even had people cheering us on! Through our pledges we raised a total of \$1189 and we are so proud of ourselves. It was well worth the sore muscles we had the next day!

Meet the Gang – John A

Hello. I'm John. I go to lots of birthday parties and I really like eating. I have a Play Station 1 and lots of games. I do my homework at Eppleworth, cooking, and colouring. I like to read my Rin Tin Tin book. Everyday I bug my friends, in a fun way. I like to play jokes on my friends and the staff. My favorite show is Amazing Race. My team is going to win! Everyday I have my coffee at break and my granola bar. Love John.



From Jennifer's Desk

We've had another great start to the year. The overnight trip to Shadow Lake was a wonderful experience for the participants, who had the opportunity to demonstrate independence and peer collaboration. I see the participants learning and growing with each passing month. The participants show continuous improvement in life skills, social interaction and in the academics. They truly are an amazing group, aided by our dedicated team of Program Coordinators. Keep up the good work!

A special thanks to our sponsors:

PLATINUM

Recycling Specialties Inc.

GOLD

Media Edge Communications
Dominion Caulking
Paragon Protection
Omni Facility Services
Manulife Financial
RW Mitten Enterprise Ltd.

SILVER

Cadillac Fairview
R.S.I. Truck & Trailer Repair Inc.

BRONZE

Polymerick Engineering Ltd.
BOS Glass
City Core Mechanical Ltd.
S K F

A SPECIAL THANKS TO OUR FRIENDS

Thomas & Elise Hawken
Energy Profiles
Karen Krahn
Cynthia Winfield
Don Cummings
Ron Cummings
Phyllis Cummings
Brand West Marketing Services
Alexandru Chirila
Joel & Beth Corbeil
Aeryx Inc.
Charles Gyatt
John Gatto
Dan Walters

Robert Collis
Solar Window Cleaning
Walter Campbell Art Gallery
GT Heaters, Sensor and Controls (2003)
Leon Entwistle
Superior Trade Services Ltd.
Waste Container Services Inc
St. Martin de Porres Church
Prime Real Estate Group Inc.
Village Inn
Ron Canning
Matt Cummings